NOVEMBER 2026

Resthaven Nursing & Rehab
Life Works Wellness Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Spiritual Care: Channel 7 3:00 Spiritual Care: Holy are Thal Ministries & Communion Independent Activities are Available in the Activity Room	**2** 10:00 Body Works: Move to The Music 2:00 Marigolds & Memories 3:00 Mind Works: Gratitude A-Z	**3** 10:00 Spiritual Care: Rosary in Chapel 10:30 Music by First United Methodist Church Kids 2:00 Mind works: Election Day word Scramble 3:00 Game Club: Bingo Election Day	**4** Wellness Wednesday 10:00 Body Works: Pump it up! 10:30 Wellness Works: Diabetes 2:00 Craft Corner: Turkey Plates 3:30 Spiritual Care: Bible Study	**5** 10:00 Spiritual Care: Mass in The Chapel 10:00 1:1 (Heart to Heart) 10:00 Art with Michelle 2:00 Resthaven Ringers 3:00 Game Club: Bingo	**6** 10:00 Body Works: Move & Groove 2:30 Resthaven Ringers Fall Concert 3:30 Movie in Theater	**7** 10:00 Game Club: Surprise Bingo 2:00 Spiritual Care: Worship With Lafortune Ministries Independent Activities are Available in the Activity Room
8 Spiritual Care: Channel 7 2:00 Spiritual Care: Bread of Life Ministries Independent Activities are Available in the Activity Room	**9** 10:00 Body Works: Strong Start 2:00 Mind Works: Name the Book 3:30 Music works: Relaxing Fall Jazz	**10** 10:00 Spiritual Care: Rosary in The Chapel 1:00 Pretty Nails 3:00 Game Club: Bingo	**11** 10:00 Veteran's Recognition Celebration 2:00 Craft Corner: Craft with Sarha from Harbor Hospice 3:30 Spiritual Care: Bible Study	**12** 10:00 1:1 (Heart to Heart) 2:00 Mind Works: Turkey Trot Trivia 3:00 Game Club: Bingo	**13** 10:00 Body Works: Work It 1:30 Reel Talk: Westerns 2:30 Movie in Theater World Kindness Day	**14** 10:00 Game Club: Bingo with Liz from crime stoppers 2:00 Spiritual Care: Worship With Lafortune Ministries Independent Activities are Available in the Activity Room
15 Spiritual Care: Channel 7 Thanksgiving packets are Available in the Activity Room Independent Activities are Available in the Activity Room	**16** 10:00 Body Works: Breathe Better 2:00 Mind Works: Word Scramble 3:00 Game Club: Jeopardy	**17** Travel Tuesday 10:00 Spiritual Care: Rosary In the Chapel 1:30 Travel Club: Turkish Floral Bookmarks 3:00 Game Club: Bingo	**18** 10:00 Pet Therapy 2:00 Craft Corner: Holiday Ornament Door Decor 3:30 Spiritual Care: Bible Study with Lafortune Ministries	**19** 10:00 1:1 (Heart to Heart) 2:00 Mind works: Fall – Last Letter, First 3:00 Game Club: Bible Bingo	**20** 10:00 Body Works: Move to The music 2:00 Chefs Corner: Caramel Apple Cups 3:00 Movie in Theater	**21** 10:00 Game Club: Bingo With Brali 2:00 Spiritual Care: Worship With Lafortune Ministries Independent Activities are Available in the Activity Room
22 Spiritual Care: Channel 7 2:00 Spiritual Care: Bread of Life Ministries Independent Activities are Available in the Activity Room	**23** 10:00 Body Works: Let's Move 1:00 Pretty Nails 3:00 Mind Works: Thanksgiving Name 10	**24** Travel Tuesday 10:00 Spiritual Care: Rosary in The Chapel 1:00 Travel Club: Turkey 3:00 Game Club: Bingo	**25** Wellness Wednesday 10:00 Body Works: Kick Ball 10:30 Wellness Works: Understanding COPD 2:00 Thanksgiving Pie Tasting 3:30 Spiritual Care: Bible study With Lafortune Ministries		**27** 10:00 Body Works: Friday Moves 2:00 Birthday Bash 3:30 Movie in Theater	**28** 10:00 Game Club: First Baptist Church 2:00 Spiritual Care: Worship With Lafortune Ministries Independent Activities are Available in the Activity Room
29 Spiritual Care: Channel 7 Thanksgiving packets are Available in the Activity Room Independent Activities are Available in the Activity Room	**30** 10:15 Resident Outing 2:00 Resident Council 3:00 Game Club: Pokeno					