

SUNDAY MONDAY
 **MAY 2026** 

**Resthaven Nursing & Rehab
 Life Works Wellness Calendar**



THURSDAY
**Calendar Subject
 to Change**

FRIDAY SATURDAY
 10:00 Body works: Weekend Strength 1
 1:00 Mind Works: May Trivia
 2:00 Movie in the Theater
 10:00 Game Club: Bingo with Ash 2
 2:00 Spiritual Care: Worship with Lafortune Ministries
 Independent Activities are in the Activity Room

<p>3 Religious Services: Channel 7 3:00 Spiritual Care: Holy is Thal Ministries & Communion Independent Activities are in the Activity Room</p>	<p>4 10:00 Body Works: A-Z Fitness Tag 1:00 Pretty Nails 3:00 Game Club: Gratitude in Bloom</p>	<p>5 10:00 Spiritual Care: Rosary in the Chapel 1:30 Cinco De Mayo Party 3:00 Game Club: Bingo Cinco De Mayo</p>	<p>6 10:00 Body Works: Better Together 2:00 Craft Corner: Mother's Day Craft 3:30 Spiritual Care: Bible Study with Lafortune Ministries</p>	<p>7 10:00 1:1 (Heart to Heart) 10:00 Spiritual Care: Mass in The Chapel 10:00 Art with Michelle 2:00 Resthaven Ringers 3:00 Game Club: Bingo</p>	<p>8 10:00 Body Works: Get in the Groove 2:00 I love you a Brunch Mother's Day Brunch 3:30 Movie in Theater</p>	<p>9 10:00 Surprise Bingo 2:00 Spiritual Care: Bible Study with Lafortune Ministries Independent Activities are in the Activity room</p>
<p>10 National Skilled Nursing Care Week Religious Services: Channel 7 2:00 Spiritual Care: Bread of life Ministries Independent Activities are in the Activity Room Happy Mother's Day</p>	<p>11 Camo Day 10:00 Body Works: Strong Start 2:00 Detective Kathryn Hebert with CPSO to do a fraud awareness seminar 3:00 Sunroom Spiritual Chat</p>	<p>12 Aloha Day 10:00 Spiritual Care: Rosary 1:30 Snow Cone Social 3:00 Game Club: Flower Bingo</p>	<p>13 Western Day 10:00 Body Works: Stretch it out 2:00 Western Social 3:30 Spiritual Care: Bibe Study with Lafortune Ministries</p>	<p>14 Groovy Day 10:00 1:1(Heart to Heart) 10:00 Art with Michelle 12:30 Groovy Rice Crispy Treats 2:00 Resthaven Ringers 3:00 Music Works: Music in</p>	<p>15 Cajun Day 10:00 Body Works: Stretch it Out 2:00 Cajun Day Social 3:30 Movie in Theater</p>	<p>16 10:00 Game Club: Bingo with Bry 2:00 Spiritual Care: Worship with Lafortune Ministries Independent Activities are in the Activity Room</p>
<p>17 Religious Services: Channel 7 Independent Activities are in the Activity Room</p>	<p>18 10:00 Bingo with the Sheriff's department 10:15 Resident outing 2:00 Resident Council 3:00 Game Club: Pokeno</p>	<p>19 10:00 Spiritual Care: Rosary in the Chapel 1:00 Pretty Nails 3:00 Game Club: Bingo with Brighton Bridge Hospice</p>	<p>20 10:00 Body Works: Let's get that blood flowing 2:00 Craft Corner: Memorial Rocks 3:30 Spiritual Care: Bible Study with Lafortune Ministries</p>	<p>21 10:00 1:1 (Heart to Heart) 10:00 Art with Michelle 2:00 Resthaven Ringers 3:00 Game Club: Bingo</p>	<p>22 10:00 Body Works: Groove Together 2:00 Memorial Day Celebration 3:30 Movie in Theater</p>	<p>23 10:00 Game Club: Surprise Bingo 2:00 Spiritual Care: Worship with Lafortune Ministries Independent Activities are in the Activity Room</p>
<p>Religious Services: Channel 7 2:00 Spiritual Care: Bread of Life Ministries Independent Activities are in the Activity Room 24 Religious Services: Channel 7 Independent Activities are in the Activity Room 31</p>	<p>25 Memorial Day </p>	<p>26 10:00 Spiritual Care: Rosary in the Chapel 1:00 Travel Club: Mexico 3:00 Game Club: Bingo</p>	<p>27 Wellness Wednesday 9:00 Liz Kingham with Thrive Fitness for Senior Health & Fitness Seminar 2:00 Craft Corner: Paper Plate Flower Wreath 3:30 Spiritual Care: Bible Study with Lafortune Ministries National Senior Health and Fitness Day</p>	<p>28 10:00 1:1(Heart to Heart) 1:00 Mind Works: Fitness Phrases 3:00 Game Club: Bingo</p>	<p>29 10:00 Body Works: Sit & Shine 2:00 Birthday Bash 3:30 Movie in Theater</p>	<p>30 10:00 Game Club: Bingo with First Baptist Church 2:00 Spiritual Care: Worship with Lafortune Ministries Independent Activities are available in the Activity Room</p>

