



Rehab and Fitness Center



quality Care

We believe that all our residents deserve to be treated with respect and dignity, and that their later years should be spent as enjoyably as is physically possible. We realize each of our residents has individual needs, and Resthaven specializes in providing the care necessary to fulfill these needs.

Our interdisciplinary team works together with each resident's doctor and associated health care professionals to develop a plan of care tailored to meet the specific needs of each resident. This plan of care is implemented by a dedicated, professional staff trained to the highest standards of excellence, yet sensitive to the emotional needs of our residents. At Resthaven Nursing & Rehabilitation Center, you will find *Quality Care and Superior Service*.



a truly Exceptional place

Resthaven Nursing & Rehabilitation Center, LLC is located on over ten acres of beautifully landscaped grounds in a quiet residential area of Lake Charles just off West McNeese Street. The warm and friendly atmosphere experienced here demonstrates why Resthaven enjoys the outstanding reputation it has developed over the years ... a reputation based on our belief that what counts most in a nursing facility is resident care. At Resthaven, we know that quality resident care is no accident. It is the result of a team of professionals committed to providing the very best in Quality Care. With the completion of the new Resthaven in 2010, our spacious facility is one of the grandest and most modern in the Gulf South. Our rehabilitation programs, including Physical, Speech and Occupational Therapy, offer our residents the opportunity of returning to their greatest degree of independence, based on a plan of care tailored to the specific needs of each resident. Our Physical Therapists help restore the range of motion, balance, strength, coordination and functional mobility that allows our patients to improve the quality of their lives. Our Speech Therapists evaluate and rehabilitate swallowing disorders, language, speech, written and spoken verbal communication, and verbal memory problems. Our Occupational Therapy team evaluates and provides training in activities of daily living such as feeding, dressing, bathing and meal preparation. At Resthaven Nursing & Rehabilitation Center, we are committed to providing you the very best in *Quality Care and Superior Service*.

Central Management Company LLC

operates nursing facilities throughout Louisiana. With nearly 50 years of experience in the nursing home profession, Central Management continues to earn the respect of its peers in the medical community, as well as residents and their families. While each facility is unique, having its own personality and character, all are bound together by a corporate philosophy and commitment. We emphasize and value quality care and superior service in all of our facilities throughout the state. Our commitment to quality care is not a passing fad or empty slogan. It is found in every facility, in every administrator, and in every department.

At Central Management Company, we put our resources where our goals are. We heavily reinvest in improving (and replacing) our facilities and in continuous staff training and development. We believe our staff makes the difference. Our supervisors and administrators expect more than mere technical compliance with governmental rules and regulations. They demand a staff sensitive to the social and emotional needs of the residents. Consequently, our employees know more than their job – they know the importance of a kind word, a gentle touch, and the healing power of a smile. Our staff is committed to *Quality Care and Superior Service*.

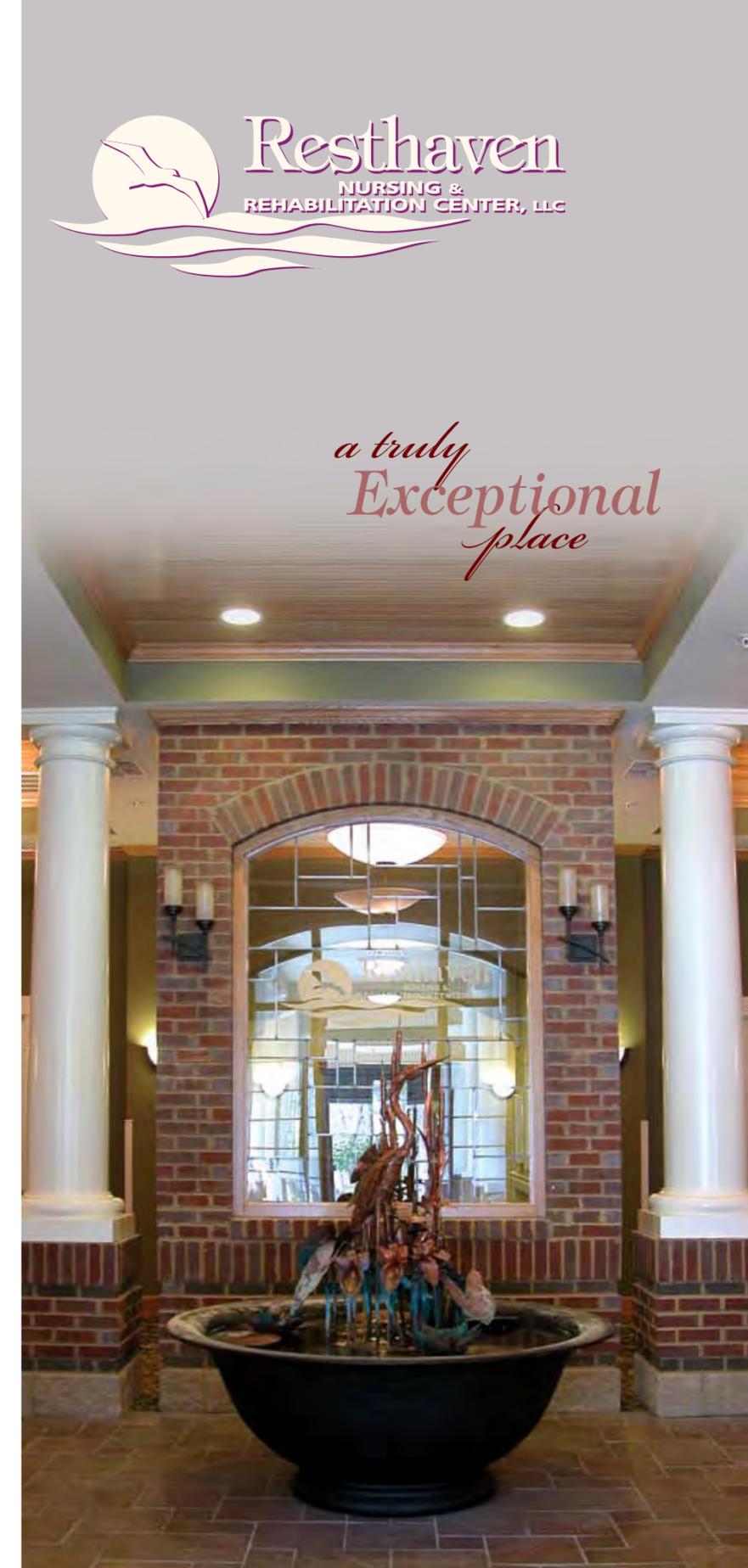
For more information about Resthaven, or any of our nursing facilities, please give us a call.



1103 W. McNEESE ST. P.O. BOX 6736
LAKE CHARLES, LOUISIANA 70606
337•477•6300



a truly Exceptional place



a major Milestone

Choosing a comfortable environment for a relative, friend, or even yourself isn't always an easy task. At Resthaven Nursing & Rehabilitation Center, we are very aware of this, and we realize this major milestone is an important event in your life.

Maintaining a strong tie to home, family and friends is of great importance to you and to us! It is our firm belief that the quality of life is as important as the quality of care. Resthaven is indeed committed to *Quality Care and Superior Service.*



Arts and crafts



Chapel services



Quality living

Our activity director carefully plans exciting and fun-filled events for everyone, whether it's an old favorite or a new adventure. Activities such as socializing with friends, old and new, attending religious services, pursuing hobbies and taking van trips enrich our residents' quality of living. All of our activities are geared toward maintaining independence and a high quality of living for each resident.



Library



Buccaneer Poker Club



Meal time

is always a special time at Resthaven. Nutritious and appealing food, combined with good company, makes every meal an enjoyable experience. Our staff is always available to assist those who need help.

our Services include

- Licensed Nurses & Certified Nursing Assistants (24 hours a day)
- Religious Services provided in our beautiful In-House Chapel
- Beauty Salon/Barber Shop
- Laundry
- Arts & Crafts Room
- Planned Activities & Social Events
- Physical, Speech & Occupational Therapy provided in our Rehabilitation & Fitness Center
- Regular Physician Visits
- Hospice
- Respite Care
- Therapeutic Whirlpool Baths
- Private Rooms & Suites available
- Diets & Meals monitored by a Registered Dietician (special diets always available)
- Selective Menus & Salad/Soup Bar
- Transportation Available
- Sports Lounge
- Multiple Day Rooms
- Free Internet Access
- Cinema
- Beautifully Landscaped Grounds with Multiple Pathways
- Special Security for wandering residents (Secure Care)
- Camera System
- Medicare Certified
- Medicaid Certified
- VA Certified
- Proud Supporter of LEADER (Culture Change)
- Member of LA Nursing Home Association
- Member of American Health Care Association



Theater entrance